5 CULTURE CONVERSATIONS

PARENT UNIVERSITY

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HELPING PARENTS NAVIGATE TODAY'S CULTURAL CHALLENGES WITH CONFIDENCE AND TRUTH.

Culture is constantly shaping the way our kids think about God, themselves, and the world. As parents, we don't have to fear those conversations—we can lead them. These five conversations provide a biblical framework to help families disciple their children through today's biggest cultural challenges.

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1 Technology & Phones

Helping kids use technology without being shaped by it. Technology is a powerful tool, but it was never meant to become our master. Parents have the opportunity to teach wisdom, healthy boundaries, and digital discernment so screens never replace real relationships or a growing relationship with Jesus.

Key Truth:
Technology is a tool to steward—not a master to serve.

Scripture:
Ephesians 5:15-16, Philippians 4:8, Psalm 101:3, 1 Corinthians 10:31

Conversation Starter:
"How is technology helping you follow Jesus, and how might it be distracting you?"

2 Identity & Sexuality

Helping kids discover who God says they are.
Our culture encourages people to define themselves by feelings, experiences, or preferences. Scripture teaches that our identity is received from God, not created by us. Parents can lovingly teach God's design for identity, gender, sexuality, and relationships with both grace and truth.

Key Truth:
Identity is found in Christ, not culture.

Scripture:
Genesis 1:27, Psalm 139:13-16, Ephesians 2:10, 2 Corinthians 5:17

Conversation Starter:
"What does God say is true about who you are?"

3 Friendship & Dating

Helping kids build healthy, Christ-centered relationships. Relationships shape the direction of our lives. Parents can help their children recognize godly friendships, practice wisdom in dating, establish healthy boundaries, and become the kind of person others can trust.

Key Truth:
Healthy relationships are built on God's wisdom, not cultural expectations.

Scripture:
Proverbs 13:20, John 15:12-13, 1 Corinthians 15:33, Philippians 2:3-4

Conversation Starter:
"Do your closest relationships help you become more like Jesus?"

4 Anxiety & Emotions

Helping kids process emotions through the hope of the Gospel. God created our emotions, but they were never intended to lead our lives. Parents can help children identify emotions, express them honestly, and bring them to Jesus. Faith doesn't remove difficult emotions—it gives us hope and truth in the middle of them.

Key Truth:
Our feelings are real, but God's truth is our foundation.

Scripture:
Philippians 4:6-8, Psalm 34:18, Isaiah 41:10, Matthew 11:28-30

Conversation Starter:
"What are you feeling today, and what does God say about it?"

5 Purpose & Calling

Helping kids live for something bigger than themselves. Every child has been created by God with gifts, passions, and opportunities to make Him known. Success isn't simply about achievement—it's about faithfully using our lives to glorify God and serve others wherever He leads.

Key Truth:
God has created you on purpose and for His purpose.

Scripture:
Ephesians 2:10, Matthew 5:14-16, Colossians 3:23-24, 2 Corinthians 5:20

Conversation Starter:
"How can you use your gifts this week to love God and serve others?"

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The Big Idea
Culture will always be asking questions. Our role as parents is to answer them with the truth of God's Word.

Technology & Phones → Steward technology wisely.
Identity & Sexuality → Find identity in Christ.
Friendship & Dating → Choose relationships that point you to Jesus.
Anxiety & Emotions → Process emotions through biblical truth.
Purpose & Calling → Live on mission for God's glory.

Rather than reacting to culture with fear, we can prepare our families with confidence, helping every conversation become an opportunity for discipleship.